SPIRIT OF ADVENTURE COUNCIL | NORTHERN NEXUS OF ADVENTURE Recommended Individual Packing List

Item		Suggested Number
	Backpack, foot locker, plastic bin, or trunk	1
	Sleeping bag or sheets and a blanket	1
	Pillow	1
	Bug net with poles	1
	Full uniform	1 each Scout shirt, Scout pants/shorts, Belt
	Walking shoes	1 Pair
	Hiking boots	1 Pair
	Underwear	7 Pairs
	Bathing suit	2
	Extra clothing (shorts, pants, shirts) ¹	1 pair pants, 2 pairs shorts, 7 t-shirts
	Sweatshirt or light jacket	1
	Cap or hat	1
	Socks	7 pairs
	Rain gear	1
	Bath towel, hand towel, wash cloth	2 each
	Toiletries including soap, shampoo,	1 each
	toothbrush, toothpaste, deodorant	
	Flashlight	1
	Canteen or water bottle	1
	Completed medical form	3 (2 for camp and 1 for the Troop)
	Medications in original pharmacy containers	As needed
	Pocket knife	1
	Watch	1
	Day pack	Optional
	BSA Handbook and Fieldbook	1 each
	Merit badge books	As needed for advancement
	Pens or pencil and notebook	1
	Partial merit badge paperwork	As needed
	Merit badge projects/prerequisites	As needed
	Bug repellent (no aerosol)	As needed
	Fishing gear	Optional
	Camera and film	Optional
	Musical instrument	Optional
	OA sash	If a member
	Spending money	We recommend at about \$12 per day, additional for NeXus branded clothing and souvenirs

What Not to Bring to Camp

Based on New Hampshire State Law, BSA policy and Spirit of Adventure Council policy, the following items should remain at home:

- Firearms
- Ammunition
- Fireworks
- Sheath knives
- Archery equipment
- Motorized or remote controlled toys
- Valuables
- Pets
- Aerosol cans of any type
- Alcohol and drugs
- Medications (prescription or OTC) that you do not plan to turn in to the nurse
- Distracting electronic devices (video games, MP3 players, tablets, etc.)
- A poor attitude

NOTE: Unfortunately, even at Scout Camp, losses sometimes occur. We carry no insurance on personal items, including personal vehicles